Sacramento
Spine
EPhysical
Therapy

AQUATIC PHYSICAL THERAPY REFERRAL FORM

Changing Rebabilitation—Changing Lives

phone: 677-1210 fax: 677-1214

PATIENT INFORMATION					PRESCRIPTION INFORMATION						
Patient Name:		Phone:		Frequency:	lx	2×	3×	4x	Other		
SSN:		DOB:		Duration:	4	6	8	12 weeks	Other		
Insurance: PPO	W/C	Auto	Medicare	Diagnosis:							
Insurance Company:		Phone:									
		PRESCRIP	TION INFORMATIO	N							
Involved Body part(s):	Aquatic RX for:		Aquatic Treatments:		Classes Available:						
Cervical	Spinal Dysfunction		Bad Ragaz		Arthritis						
Thoracic	Post-Op Ortho/Rehab.		Watsu			Prenatal/Postpartum					
Lumbar	Shoulders		Progressive Resistance Program			FMS/CFS					
Shoulder	Hips		(AAROM, AROM, RROM)			Back Conditioning					
Knee	Knees		Conditioning Program			Cardiac Rehab.					
Hip	Ankle/Foot		Flexibility Program _	Flexibility Program							
Hand/Wrist	Arthritis		Joint MOB			Other:					
Elbow	Fibromyalgia		Manual Resistance Exercises			Aquatic Membership (months)					
	Perinatal		Comments:								
	Balance/Gait Disorders										
	Cardiac Rehab. for arthrit										
	Obesity				_						
		PHYSICI	AN INFORMATION								
Name				Phone							
Signature				Date							
	onstitutes this referral as a medica	al necessity.									

AQUATIC CENTER INFORMATION

- The Aquatic Center is a brand new, state-of-the-art facility located within the Roseville Health and Wellness Center.
- The indoor pool dimensions are 60 feet in length and 25 feet in width. The temperature is a constant 90 degrees. The spa is 10 feet by 14 feet with a temperature of 104 degrees.
- · A registered physical therapist/certified aquatic therapist with over 17 years experience provides aquatic instruction to all patients.
- We offer full locker and shower facilities and offer rehabilitation services Monday through Friday. Please complete and sign the prescription and fax to 677-1214.